

CURRICULUM VITAE

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CURRENT POSITION:

2013-Present R&D Consultant Cleveland Sleep Research Center
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EDUCATION:

1968 B.A. University of California Los Angeles
Los Angeles, California

1979 Ph. D Department of Pharmacology
The Pennsylvania State University
Hershey, Pennsylvania

1982 Diplomate Clinical Polysomnography,
Association of Sleep Disorders Center

APPOINTMENTS:

1983-2012 Tri-State Sleep Disorders Center (formerly
Sleep Disorders Center of Mercy Hospital)
Center for Research in Sleep Disorders
Cincinnati, OH

1999-2013 Clinical Professor Department of Psychiatry
Wright State University. School of Medicine,
Dayton, Ohio

1999-2000 Director Scharf Institute for Sleep Research
Rochester, NY 14618

1985-1988 Director Sleep Wake Disorders Center
Neurosciences Institute, Miami Valley
Hospital, Dayton, OH

1984-1995 Clinical Associate Professor
Department of Otolaryngology and Maxillofacial Surgery,
University of Cincinnati Medical Center
Cincinnati, OH

1984-1995		Clinical Associate Professor Department of Psychiatry, University of Cincinnati Med. Center, Cincinnati, OH
1983-1984		Associate Professor Department of Psychiatry, University of Cincinnati Medical Center, Cincinnati, OH
1982-1983	Director	Sleep Disorders Center, Univ. of Cincinnati Medical Center, Cincinnati, OH
1981-1983	Assistant Professor	Department of Psychiatry, University of Cincinnati Medical Center, Cincinnati, OH
1981-1982	Assistant Director	Sleep Disorders Center, University of Cincinnati Medical Center, Cincinnati, OH
1979-1981	Assistant Professor	Department of Psychiatry Milton S. Hershey Medical Center, Pennsylvania State University, Hershey, PA
1975-1981	Associate Director	Psychopharmacology Laboratory, Department of Psychiatry, Pennsylvania State University, School of Medicine, Milton S. Hershey Medical Center, Hershey, PA
1966-1981	Associate Director	Sleep Research and Treatment Center Milton S. Hershey Medical Center, Hershey, PA

PROFESSIONAL SOCIETIES:

Sleep Research Society (SRS)
American Sleep Disorders Association (ASDA)
American Society of Pharmacology and Experimental Therapeutics

PUBLICATIONS:

1. Kales, A. and Scharf, M.B.: "Sleep physiology and behavior in psychiatric conditions," Westwood Hospital Bulletin 5:1-4, 1968.
2. Kales, A., Heuser, G., Kales, J.D., Rickles, W. H, Jr., Rubin, R.T., Scharf, M.B., Ungerleider, J.T., Winters, W.D. Drug dependency. Investigations of stimulants and depressants. Ann. Intern. Med., Mar.70(3):591-614, 1969.
3. Kales, A., Malmstrom, E.J., Scharf, M.B. and Rubin, R.T.: "Sleep disturbances following sedative use and withdrawal," In: Sleep: Physiology and Pathology edited by A. Kales, J.P. Lippincott Co., Philadelphia, 1969, pp. 331-343.
4. Kales, A. Scharf, M.B., Allen, C. Effective of sleep medications: All night studies of hypnotic drugs. Electroencephalogr. Clin. Neurophysiol. Sep;27(7):710-1. 1969.
5. Kales, A., Tan, T.L., Kollar, E.J., Naitoh, P., Malmstrom, E.J. and Scharf, M.B.: "Sleep patterns following 205 hours of sleep deprivation," Psychosomatic Med. 32:189-200, 1969.
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7. Kales, A., Kales, J.D., Scharf, M.B. and Tan, T.L.: "Hypnotics and altered sleep and dream patterns: II. All-night EEG studies of chloral hydrate, flurazepam and methaqualone," Arch.Gen. Psychiat. 23:219-225, 1970.
8. Kales, A., Allen, W.C., Jr., Scharf, M.B. and Kales, J.D.: "Hypnotic drugs and their effectiveness: All-night EEG studies of insomniac subjects," Arch.Gen.Psychiat. 23:226-232, 1970.
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12. Kales, A. and Scharf, M.B.: "Sleep laboratory and clinical studies of the effects of benzodiazepines on sleep: Flurazepam, diazepam, chlordiazepoxide, and RO-5-4200," In: The Benzodiazepines, S. Garattini and A. Leonardi (Eds.). The Raven Press, New York, 1973, pp 557-598.
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14. Zarcone, V., Kales, A., Scharf, M.B., Tan, T.L. and Simmons, J.Q.: "Repeated oral ingestion of 5-hydroxytryptophan," Arch. Gen. Psych. 28(6):843-846, 1973.
15. Kales, A., Scharf, M.B. and Tan, T.L.: "Methodology and clinical application of sleep laboratory-drug evaluation studies," In: The proceedings of the Fifth International Congress on Pharmacology (Vol.4), F. Bloom (Ed.), S. Karger, Basel, 108-123, 1973.
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66. Scharf, M.B., Jennings, S.W.: Childhood Enuresis: Relationship to Sleep, Etiology, Evaluation, and treatment. Annals of Behavioral Medicine, 10(3): 113-120, 1988.
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69. Scharf, M.B., Sachais, B.A., Mayleben, D.W., Jennings, S.W.: The Effects of a Calcium Channel Blocker on the Effects of Temazepam and Triazolam. Current Therapeutic Res., 48:516-523, 1990.
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